

Integration Techniques: Integration of Trigonometric Functions

DETAILED DESCRIPTION:

Various oscillation processes can be described by trigonometric functions. The research of such processes requires the calculation of integrals where integrands are composite functions. Trigonometric identities are useful to modify these integrals. In this chapter we will present the application of trigonometric formulas for more common cases and the appropriate substitution for solving integrals. The method of trigonometric substitution will be introduced additionally.

AIM: To learn the use of trigonometric identities and special cases of substitution for trigonometric integrands.

Learning Outcomes:

1. Students will be able integrate the integrals of trigonometric functions applying some trigonometric identities.
2. Students can apply the trigonometric substitution.

Prior Knowledge: rules of integration and differentiation; substitution methods for integrals; algebra and trigonometry formulas.

Relationship to real maritime problems: trigonometric integrals are useful for describing and for solving different problems on sinusoidal processes – for example, to construct an effective shape of a ship propellers' blades, or to calculate wave resistance for steady motion in ship's control equipment.

Content

1. Composite trigonometric functions of a linear argument
2. Product of sines and cosines
3. Powers of trigonometric functions
4. Double-angle trigonometric identity
5. Trigonometric substitution
6. Exercises
7. Solutions

Integration of Trigonometric Functions

1. Composite trigonometric functions of a linear argument

Some of the simplest cases where integrals involve sine and cosine functions are the following

$$\int \sin ax \, dx; \quad \int \cos ax \, dx; \quad \int \tan ax \, dx$$

For such cases we can use simple substitution, for instance,

Example 1.1 Compute the integral

$$\int \sin ax \, dx$$

Solution

$$\int \sin ax \, dx = \left| \begin{array}{l} \text{let } u = ax \\ \text{then } du = a dx \end{array} \right| = \frac{1}{a} \int \sin u \, du = -\frac{1}{a} \cos u + C = -\frac{1}{a} \cos ax + C$$

A slightly more complicated case is the integrand that is a tangent function

Example 1.2 Compute the integral

$$\int \tan ax \, dx$$

Solution

$$\begin{aligned} \int \tan ax \, dx &= \int \frac{\sin ax}{\cos ax} \, dx = \left| \begin{array}{l} \text{let } u = \cos ax \\ \text{then } du = -a \sin ax \, dx \end{array} \right| = \\ &= -\frac{1}{a} \int \frac{du}{u} = -\frac{1}{a} \ln|u| + C = -\frac{1}{a} \ln|\cos ax| + C \end{aligned}$$

As additional special cases we can add these formulas to the list of basic integral formulas:

$$\int \sin ax \, dx = -\frac{1}{a} \cos ax + C$$

$$\int \cos ax \, dx = \frac{1}{a} \sin ax + C$$

$$\int \tan ax \, dx = -\frac{1}{a} \ln|\cos ax| + C$$

$$\int \cot ax \, dx = \frac{1}{a} \ln|\sin ax| + C$$

2. Product of sines and cosines

Here we will look at the integrals of the product of trigonometric functions that have different arguments, for instance,

$$\int \sin ax \cdot \cos bx \, dx$$

For simplifying integrals of this kind we can apply the product-to-sum identities

$$\sin ax \cdot \cos bx = \frac{1}{2} (\sin(ax + bx) + \sin(ax - bx))$$

$$\cos ax \cdot \cos bx = \frac{1}{2} (\cos(ax + bx) + \cos(ax - bx))$$

$$\sin ax \cdot \sin bx = \frac{1}{2}(\cos(ax - bx) - \cos(ax + bx))$$

The substitution takes place after splitting the integral into two parts.

Example 2.1 Compute the integral

$$\int \sin 5x \cdot \sin 2x \, dx$$

Solution

$$\begin{aligned} \int \sin 5x \cdot \sin 2x \, dx &= \frac{1}{2} \int (\cos 3x - \cos 7x) \, dx = \\ &= \frac{1}{2} \int \cos 3x \, dx - \frac{1}{2} \int \cos 7x \, dx = \\ &= \frac{1}{6} \sin 3x - \frac{1}{14} \sin 7x + C \end{aligned}$$

3. Powers of trigonometric functions

In this section we take consider the integrals which include the integer powers of sines and cosines. In general form it is written as

$$\int \sin^n x \cdot \cos^m x \, dx$$

If at least one of the powers is an odd number, we can apply substitution.

Example 3.1 Compute the integral

$$\int \cos^5 x \cdot \sin^3 x \, dx$$

Let us notice that both functions have odd powers and the cosine function has bigger power than the sine function. Therefore, we will substitute the cosine, but first we split the power of the sine into multipliers and then use the trigonometric identity

$$\sin^2 x + \cos^2 x = 1$$

Solution

$$\begin{aligned} \int \cos^5 x \cdot \sin^3 x \, dx &= \int \cos^5 x \cdot \sin^2 x \cdot \sin x \, dx = \\ &= \int \cos^5 x \cdot (1 - \cos^2 x) \cdot \sin x \, dx = \left| \begin{array}{l} \text{let } u = \cos x \\ du = -\sin x \, dx \end{array} \right| = \\ &= - \int u^5 (1 - u^2) \, du = - \int u^5 \, du + \int u^7 \, du = \\ &= -\frac{u^6}{6} + \frac{u^8}{8} + C = -\frac{\cos^6 x}{6} + \frac{\cos^8 x}{8} + C \end{aligned}$$

Example 3.2 Compute the integral

$$\int \frac{\cot x}{\sin^3 x} dx$$

Solution

$$\begin{aligned} \int \frac{\cot x}{\sin^3 x} dx &= \int \frac{\cos x}{\sin x \cdot \sin^3 x} dx = \int \frac{\cos x}{\sin^4 x} dx = \\ &= \left| \text{let } u = \sin x \right| = \int \frac{du}{u^4} = \int u^{-4} du = \\ &= \frac{u^{-3}}{-3} + C = \frac{\sin^{-3} x}{-3} + C = -\frac{1}{3\sin^3 x} + C \end{aligned}$$

4. Double-angle trigonometric identities

In the previous section we discussed the methods of integration of sine and cosine functions on the integer powers where at least one of the powers is an odd integer. For even cases we can apply double-angle identities to eliminate the powers

$$\sin^2 x = \frac{1 - \cos 2x}{2}$$

$$\cos^2 x = \frac{1 + \cos 2x}{2}$$

Example 4.1 Compute the integral

$$\int \cos^2 x dx$$

Solution

$$\begin{aligned} \int \cos^2 x dx &= \int \frac{1 + \cos 2x}{2} dx = \frac{1}{2} \int dx + \frac{1}{2} \int \cos 2x dx = \\ &= \frac{1}{2} x + \frac{1}{2} \cdot \frac{1}{2} \sin 2x + C \end{aligned}$$

Example 4.2 Compute the integral

$$\int \sin^4 x dx$$

Solution

$$\begin{aligned} \int \sin^4 x dx &= \int (\sin^2 x)^2 dx = \int \left(\frac{1 - \cos 2x}{2} \right)^2 dx = \\ &= \frac{1}{4} \int (1 - 2\cos 2x + \cos^2 2x) dx \\ &= \frac{1}{4} \int dx - \frac{1}{4} \int 2\cos 2x dx + \frac{1}{4} \int \frac{1 + \cos 4x}{2} dx = \end{aligned}$$

$$\begin{aligned}
 &= \frac{1}{4} \int dx - \frac{1}{4} \int \cos 2x \, dx + \frac{1}{4} \cdot \frac{1}{2} \int dx + \frac{1}{4} \cdot \frac{1}{2} \int \cos 4x \, dx = \\
 &= \frac{1}{4}x - \frac{1}{4} \sin 2x + \frac{1}{8}x + \frac{1}{8} \cdot \frac{1}{4} \sin 4x + C = \\
 &= \frac{3}{8}x - \frac{1}{4} \sin 2x + \frac{1}{32} \sin 4x + C
 \end{aligned}$$

Notice that in the solution of example 4.2 the double-angle formula is applied repeatedly.

5. Trigonometric substitution

Here we shall look at more complex integrals where an integrand contains the square root of a quadratic expression, for instance,

$$\int x\sqrt{4-x^2} \, dx; \quad \int \frac{\sqrt{x^2-25}}{x^3} \, dx$$

Trigonometric substitution is useful to simplify the integrands. The substitution method is based on the trigonometric identity

$$\sin^2 x + \cos^2 x = 1$$

Dividing the identity by $\cos^2 x$ we derive a special case

$$\tan^2 x + 1 = \frac{1}{\cos^2 x}$$

We apply the above mentioned identities for the following cases

Case 1. For $\sqrt{a^2 - x^2}$ we substitute $x = a \sin u$ or $x = a \cos u$

Case 2. For $\sqrt{a^2 + x^2}$ we substitute $x = a \tan u$

Case 3. For $\sqrt{x^2 - a^2}$ we substitute $x = \frac{a}{\cos u}$

Example 5.1 Compute the integral

$$\int x\sqrt{4-x^2} \, dx$$

Solution

To solve the integral, we use trigonometric substitution and then we change the differential to get the integral of the power function.

$$\begin{aligned}
 \int x\sqrt{4-x^2} \, dx &= \left| \begin{array}{l} \text{let } x = 2\sin u, \text{ then } dx = 2\cos u \, du \\ 4 - x^2 = 4 - 4\sin^2 u = 4\cos^2 u \end{array} \right| = \\
 &= \int 2\sin u \sqrt{4\cos^2 u} \, 2\cos u \, du = 8 \int \cos^2 u \sin u \, du = \\
 &= -8 \int \cos^2 u \, d(\cos u) = -8 \frac{\cos^3 u}{3} + C
 \end{aligned}$$

Now we return to the function with respect to the argument x

$$\cos^3 u = \cos^2 u \cdot \cos u = (1 - \sin^2 u) \sqrt{1 - \sin^2 u} =$$

$$= \left| \text{as } x = 2\sin u \text{ follows } 1 - \sin^2 u = 1 - \frac{x^2}{4} \right| =$$

$$= \left(1 - \frac{x^2}{4}\right) \sqrt{1 - \frac{x^2}{4}}$$

The solution of the integral is

$$= -8 \frac{\cos^3 u}{3} + C = -\frac{8}{3} \left(\sqrt{1 - \frac{x^2}{4}} \right)^3 + C = -\frac{(\sqrt{4 - x^2})^3}{3} + C$$

Example 5.2 Compute the integral

$$\int \frac{\sqrt{x^2 - 25}}{x^3} dx$$

Solution

$$\int \frac{\sqrt{x^2 - 25}}{x^3} dx = \left| \begin{array}{l} \text{let } x = \frac{5}{\cos u} \text{ then } dx = \frac{2\sin u}{\cos^2 u} du \\ 25 - x^2 = 25 \tan^2 u \end{array} \right| =$$

$$= \int \frac{\sqrt{25 \tan^2 u} \cdot \cos^3 u \cdot 2\sin u}{125 \cos^2 u} du = \frac{2}{25} \int \tan u \cdot \cos u \cdot \sin u du =$$

$$= \frac{2}{25} \int \sin^2 u du = \frac{1}{25} \int (1 - \cos 2u) du = \frac{1}{25} \left(u - \frac{1}{2} \sin 2u \right) + C =$$

$$= \left| \text{as } \cos u = \frac{5}{x} \text{ we get } \sin 2u = 2 \cdot \frac{5}{x} \sqrt{1 - \frac{25}{x^2}} = \frac{10}{x^2} \sqrt{x^2 - 25} \right| =$$

$$= \frac{1}{25} \left(\arccos \frac{5}{x} - \frac{5}{x^2} \sqrt{x^2 - 25} \right) + C$$

The following formula is applied to expand the function $\sin 2u$

$$\sin 2x = 2 \sin x \cos x$$

6. Exercises

Compute the integrals

1. $\int \sin 12x dx$
2. $\int \cot \frac{3x}{4} dx$
3. $\int \sin 5x \cdot \cos 4.5x dx$
4. $\int \sin^{11} x \cdot \cos x dx$

5. $\int \frac{\cos^3 x}{\sin^5 x} dx$

6. $\int 8(1 - \cos^2 x) dx$

7. Apply trigonometric substitution

$$\int \sqrt{1-x^2} dx$$

8. Solutions

1. $\int \sin 12x dx$

Solution

$$\int \sin 12x dx = \frac{1}{12} \int \sin 12x d12x = -\frac{1}{12} \cos 12x + C$$

2. $\int \cot \frac{3x}{4} dx$

Solution

$$\begin{aligned} \int \cot \frac{3x}{4} dx &= \int \frac{\cos \frac{3x}{4}}{\sin \frac{3x}{4}} dx = \left| \begin{array}{l} u = \sin \frac{3x}{4} \\ du = \frac{3}{4} \cos \frac{3x}{4} dx \end{array} \right| = \\ &= \frac{4}{3} \int \frac{du}{u} = \frac{4}{3} \ln|u| + C = \frac{4}{3} \ln \left| \sin \frac{3x}{4} \right| + C \end{aligned}$$

3. $\int \sin 5x \cdot \cos 4.5x dx$

Solution

$$\begin{aligned} \int \sin 5x \cdot \cos 4.5x dx &= \frac{1}{2} \int (\sin 9.5x + \sin 0.5x) dx = \\ &= \frac{1}{2} \cdot \frac{2}{19} \int \sin 9.5x d9.5x + \frac{1}{2} \cdot 2 \int \sin 0.5x d0.5x = \\ &= -\frac{1}{19} \cos 9.5x - \cos 0.5x + C \end{aligned}$$

4. $\int \sin^{11} x \cdot \cos x dx$

Solution

$$\begin{aligned} \int \sin^{11} x \cdot \cos x dx &= \left| \begin{array}{l} u = \sin x \\ du = \cos x dx \end{array} \right| = \int u^{11} du = \\ &= \frac{u^{12}}{12} + C = \frac{\sin^{12} x}{12} + C \end{aligned}$$

5. $\int \frac{\cos^3 x}{\sin^5 x} dx$

Solution

$$\begin{aligned} \int \frac{\cos^3 x}{\sin^5 x} dx &= \int \frac{(1 - \sin^2 x) \cos x}{\sin^5 x} dx = \left| \begin{array}{l} u = \sin x \\ du = \cos x dx \end{array} \right| = \\ &= \int \frac{1 - u^2}{u^5} du = \int u^{-5} du - \int u^{-3} du = \\ &= \frac{u^{-4}}{-4} - \frac{u^{-2}}{-2} + C = -\frac{1}{4\sin^4 x} + \frac{1}{2\sin^2 x} + C \end{aligned}$$

6. $\int 8(1 - \cos^2 x) dx$

Solution

$$\begin{aligned} \int 8(1 - \cos^2 x) dx &= 8 \int \sin^2 x dx = 4 \int (1 - \cos 2x) dx = \\ &= 4 \int dx - 2 \int \cos 2x d2x = 4x - 2\sin 2x + C \end{aligned}$$

7. Apply trigonometric substitution

$$\int \sqrt{1 - x^2} dx$$

Solution

$$\begin{aligned} \int \sqrt{1 - x^2} dx &= \left| \begin{array}{l} \text{let } x = \sin u \\ dx = \cos u du \end{array} \right| = \int \sqrt{1 - \sin^2 u} \cos u du = \\ &= \int \cos u \cdot \cos u du = \int \frac{1 + \cos 2u}{2} du = \frac{1}{2} \int du + \frac{1}{4} \int \cos 2u d2u = \\ &= \frac{1}{2} u + \frac{1}{4} \sin 2u + C = \left| \begin{array}{l} u = \arcsin x \\ \sin 2u = 2 \sin u \cos u = 2x\sqrt{1 - x^2} \end{array} \right| = \\ &= \frac{1}{2} \arcsin x + \frac{1}{2} x \sqrt{1 - x^2} + C \end{aligned}$$